

Swimmer Profile

Name: Mya Rasmussen

Age: 15

Club: Kiwi West Aquatics

Coach: Andrew Nicholls

About

Greatest achievement in swimming:

Breaking 7 New Zealand Age Group Records and Winning the 400IM for my age group at the Australian Age Groups Champs 2 years in a row.

Major goals for the next 2 years:

To be selected and compete at the Junior Pan Pacs 2016 and to lower my pb's

What is your pre-race ritual?

I always slap my arms and legs to warm up, I also pull my goggles off my face and push them back on several times to make sure they are perfect.

If you could only eat one thing for the rest of your life what would it be?

Chicken nuggets

Who or what inspires you and why?

I love swimming and competing this inspires me to train hard for my goal to one day represent NZ at an Olympics.

School/University/subjects/company/position?

Palmerston North Girls High